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KEY=THING - JAX RANDALL

Spiritual Enlightenment:: The Damnedest Thing Book One of The Enlightenment Trilogy Wisefool Press A MASTERPIECE of illuminative writing, *Spiritual Enlightenment: The Damnedest Thing* is mandatory reading for anyone following a spiritual path. Part exposé and part how-to manual, this is the first book to explain why failure seems to be the rule in the search for enlightenment, and how the rule can be broken. :: Book One of Jed McKenna's Enlightenment Trilogy. Contains Bonus Material. **Spiritual Enlightenment The Damnedest Thing** From a Spiritual Master Unlike Any, A Spiritual Masterpiece Like No Other AUTHOR, TEACHER AND SPIRITUAL MASTER Jed McKenna tells it like it's never been told before. A true American original, Jed succeeds where countless others have failed by reducing this highest of attainments - Spiritual Enlightenment - to the simplest of terms. Effectively demystifying the mystical, Jed astonishes the reader not by adding to the world's collected spiritual wisdom, but by taking the spirituality out of spiritual enlightenment. Never before has this elusive topic been treated in so engaging and accessible a manner. A masterpiece of illuminative writing, *Spiritual Enlightenment* is mandatory reading for anyone following a spiritual path. Part exposé and part how-to manual, this is the first book to explain why failure seems to be the rule in the search for enlightenment - and how the rule can be broken. Says Jed: The truth is that enlightenment is neither remote nor unattainable. It is closer than your skin and more immediate than your next breath. If we wonder why so few seem able to find that which can never be lost, we might recall the child who was looking in the light for a coin he dropped in the dark because "the light is better over here." Mankind has spent ages looking in the light for a coin that awaits us not in light and not in dark, but beyond all opposites. That is the message of this book: Spiritual enlightenment, pure and simple. **Spiritual Warfare Book Three of The Enlightenment Trilogy** Wisefool Press Guns and bombs are children's toys. A true war wages, and you're invited. IT'S AN INVITATION you may not be able to accept if you want to, or decline if you don't. It's an invitation to fight in a war like no other; a war where loss is counted as gain, surrender as victory, and where the enemy you must face, an enemy of unimaginable superiority, is you. Contains Bonus Material. **Spiritually Incorrect Enlightenment** Spiritually Incorrect Enlightenment Isn't One Kind of Enlightenment - It's the Only Kind THE MARK OF A TRUE MASTER is that he can express a subject of the utmost complexity with uncanny simplicity. Jed McKenna is such a master, and spiritual enlightenment is his subject. His first book, *Spiritual Enlightenment: The Damnedest Thing*, was an instant classic and established him as a spiritual teacher of startling depth and clarity. Now, his second book, *Spiritually Incorrect Enlightenment*, takes us on a fascinating tour of the enlightened state - what it is and what it's not, who's there and who's not, how to get there and how to get somewhere better. Delightful surprises abound, including the dramatic unveiling of perhaps the greatest spiritual masterpiece of all time - long hidden in plain view and well known to all. Whitman, Melville, Thoreau, Mark Twain and U.G. Krishnamurti all appear, and a student from the first book returns to share her *Spiritual Autolysis* journals. Also surprising are the author's gentle efforts to guide the reader away from enlightenment toward a more desirable and accessible state. Failing to fetch me at first, keep encouraged, Missing me one place, search another, I stop somewhere, waiting for you. - Walt Whitman Jed McKenna's books aren't for everyone. They're for people who are tired of the spiritual merry-go-round and ready to confront the unadorned reality of the awakening process. If you like your teachers with all the spiritual trimmings and trappings, Jed may not be right for you, but when you're ready to jump off the merry-go-round and begin your journey, Jed McKenna is the guy you want to see standing there, waiting for you. **Dreamstate A Conspiracy Theory** Wisefool Press If life is but a dream, to what do we awake? The central premise of *Dreamstate: A Conspiracy Theory*, is the admittedly ridiculous but incontrovertibly true assertion that the universe does not exist. This is something you can understand conceptually, like watching a documentary about Antarctica, or experientially, like moving to Antarctica. There's also a related phenomenon where you fall asleep watching the documentary and wake up in the frozen wasteland. That's gotta be weird, but the truth is that you're asleep in a barren wasteland dreaming that you're not, so that's where waking up gets you. **From Onions to Pearls A Journal of Awakening and Deliverance** Hay House Incorporated This is the true story of one man's spiritual awakening, without a guru and under severely restrictive conditions...In March of 1992, Michael Clegg entered prison, convicted of manufacturing an illegal drug. While there, he realized that a lifetime of spiritual searching had brought him no closer to the elusive state he was seeking. In surrender, he was overwhelmed by relief and bliss. The next several years were spent in a deepening process he calls the "deliverance", as layers of preconditioned ego personality were peeled away to reveal the eternal Pearl of Consciousness. He left prison with a new name, Satyam Nadeen, and a new life! **Jed McKenna's Theory of Everything The Enlightened Perspective** Wisefool Press We are programmed from birth to believe that our existence is an unsolvable riddle, but if we make an honest effort, we discover that mystery itself is the riddle. Not just what is the big mystery, but why is there any mystery at all? And what if there isn't? What if the Mysterium Tremendum is just an internal belief without any external counterpart? What if the answers to life's biggest questions were all hidden in plain sight? "If man will strike, strike through the mask! How can the prisoner reach outside except by thrusting through the wall?" Herman Melville Those interested in striking through the mask will welcome a theory of everything that makes sense, doesn't rely on religious or scientific chicanery, and can be easily understood. And those familiar with Jed McKenna and the Enlightenment Trilogy will know that it's not just a theory. **Give Peace a Deadline What**

Ordinary People Can Do to Cause World Peace in Five Years Greenleaf Book Group Offers a plan to end global conflict and achieve peace in the world in five years. **Jed McKenna's Notebook: All Bonus Content from the Enlightenment Trilogy** Wisefool Press Chapters Include: Recipe for Failure, 3 Interviews with Jed, Impersonating Jed McKenna, Blues for Buddha, Zen and the Art of Self-Mutilation, Mannahatta (The Journey to the Shaman, Kill the Swiss, Improbability, My Uncle the Vampire, Bookstore Guru, City Lights, Death & Discrimination) I, Witness, The New World, The Golden Door, Visionary Goofballs, Nothing Forever: A Post-Apocalyptic Lightmare **Thus Spake Jed McKenna Author of the Enlightenment and Dreamstate Trilogies** Wisefool Press Five articles and 3 short plays. This free, 220-page ebook includes: Starship Gita: The Song of the Borg, Zen and the Art of Self-Mutilation, Blues for Buddha, The Whole Truth, Deception: Your Mind is the Scene of the Crime, and more. **Halfway Up The Mountain The Error of Premature Claims to Enlightenment** SCB Distributors Caplan (TO TOUCH IS TO LIVE) asserts that "the reality of the present condition of contemporary spirituality in the West is one of grave distortion, confusion, fraud, and a fundamental lack of education." She claims that, as positive as the tremendous rise in spirituality is, there is not any context for determining whether any particular teaching, or teacher, is truly enlightening. Caplan compiles interviews with such noted spiritual masters as Joan Halifax, Llewellyn Vaughan-Lee and Rabbi Zalman Schachter-Shalomi on the nature of enlightenment. In the first section, Caplan examines the motivations people have for seeking enlightenment and contends that very often they seek this state as a means of gratifying the ego. This "presumption of enlightenment," she says, often afflicts teachers masquerading as spiritual leaders. These teachers sometimes look down on their students and gloat over how far they have come and how far the students have to go. A second section focuses on "The Dangers of Mystical Experience," in which Caplan claims that many seekers mistake the mystical experience itself for enlightenment; she and the teachers she interviews all assert that enlightenment always involves gaining some knowledge about self and others. The third section, "Corruption and Consequence," focuses on the nature of power and corruption; the fourth section, "Navigating the Mine Field: Preventing Dangers on the Path," provides a survey of the ways in which practitioners can avoid the "pitfalls of false enlightenment." A final section, "Disillusionment, Humility and the Beginning of Spiritual Life," concludes that "the Real spiritual life [is] the life of total annihilation and the return to just what is." Caplan's illuminating book calls into question the motives of the spiritual snake handlers of the modern age and urges seekers to pay the price of traveling the hard road to true enlightenment. **Perfect Brilliant Stillness** An intimate account of spontaneous spiritual enlightenment and its implications in a life lived beyond the individual self. **Being, While Knowing That You Are Not Surrendering to the Sadness and Madness of Life** The 'Reality Explained' Trilogy is the culmination of a thirty-year direct investigation into the fundamental nature of Reality. The study of Reality is a response to one's deep-seated need to understand the mysterious, yet ordered world that we find ourselves inextricably woven into. The study of Reality is not limited to the study of the outward world, but it is also the study of the very space or capacity that the entire world exists in. The study of Reality exists to resolve the paradoxical relationship between Mind and matter, God and individuality, Heaven and earth, or generally speaking, the Absolute and the relative. Book Two: "Being, While Knowing You Are Not," is focused on the day-to-day details of what it is like to live in the world while knowing that you are not of it. This book also serves as a cautionary tale for all of the pain, emotional trauma, and otherwise dark feelings that may surface after surrendering yourself to Mystery. Whereas the first book is focused on my pursuit of the truth of our existence, the second book is focused on how this pursuit affected my daily life and my worldly affairs. Collectively, this Trilogy tells the entire story of our existence, as far as I have been shown. However, this is not by any stretch of the imagination, the end of Mystery. Instead, it is merely the beginning. The beginning of what? That's the question that your life is the answer to. **Being Myself** New Harbinger Publications Being Myself is a contemplative exploration of the essential nature of our self. Everyone has the sense of 'being myself,' but not everyone knows their self clearly. In most cases, our sense of self is mixed up with the content of experience and, as a result, its natural condition of peace and happiness is veiled. Through investigation and analogy, the meditations in this collection take us back to our true nature again and again, until we begin to find our self naturally and effortlessly established there, as that. In time, experience loses its capacity to veil our being, and its innate peace and joy emerge from the background of experience. * * * The Essence of Meditation Series presents meditations on the essential, non-dual understanding that lies at the heart of all the great religious and spiritual traditions, compiled from contemplations led by Rupert Spira at his meetings and retreats. This simple, contemplative approach, which encourages a clear seeing of one's experience rather than any kind of effort or discipline, leads the reader to an experiential understanding of their own essential being and the peace and fulfillment that are inherent within it. **Anne Carson: Antiquity** Bloomsbury Publishing From her seminal Eros the Bittersweet (1986) to her experimental Float (2016), Bakkhai (2017) and Norma Jeane Baker of Troy (2019), Anne Carson's engagement with antiquity has been deeply influential to generations of readers, both inside and outside of academia. One reason for her success is the versatile scope of her classically-oriented oeuvre, which she rethinks across multiple media and categories. Yet an equally significant reason is her profile as a classicist. In this role, Carson unfailingly refuses to conform to the established conventions and situated practices of her discipline, in favour of a mode of reading classical literature that allows for interpretative and creative freedom. From a multi-praxis, cross-disciplinary perspective, the volume explores the erudite indiscipline of Carson's classicism as it emerges in her poetry, translations, essays, and visual artistry. It argues that her classicism is irreducible to a single vision, and that it is best approached as integral to the protean character of her artistic thought. Anne Carson/Antiquity collects twenty essays by poets, translators, artists, practitioners and scholars. It offers the first collective study of the author's classicism, while drawing attention to one of the most avant-garde, multifaceted readings of the classical past. **The End of Your World Uncensored Straight Talk on the Nature of Enlightenment: Easyread Large Bold Edition** ReadHowYouWant.com More and more people are "waking up" spiritually. And for most of them, the question becomes: now what? "Information about life after awakening is usually not made public," explains Adyashanti. "It's most often shared only between teachers and their students." The End of Your World is his response to a growing need for direction on the spiritual path. Consider the book you hold in your hands Adyashanti's personal welcome to "a new world, a state of oneness." **Enlightenment for Beginners Discovering the Dance of the Divine** Sentient Publications Enlightenment for Beginners is the simple account of how and why you've been imaging yourself to be only a separate and limited being. Using clever but easily understood words and drawings, Hillig invites the seeker to discover that they are already who they've been looking to become and that a life of love and connection is already at hand. Although this deceptively uncomplicated book can be read in a sitting, its profound spiritual impact can last an entire lifetime. A wonderful gift for anyone who is on the spiritual path." **Jed McKenna & The Suicide Letters Our Time Together Prior to the Invisible Guru**

Independently Published This book is a collection of correspondences between Jed McKenna and myself prior to Jed's life as the Invisible Guru. Jed wrote that he considered me a son and I too considered him as a father figure and a mentor as he helped me create what would become the "Reality Explained" Trilogy. What makes this book unique is that these are the first writings of Jed's that the public will see where Jed speaks, not as a spiritual teacher but as a friend and cohort working together on a book about Enlightenment. Discover a different aspect of Jed as he shares his human side as well as his formlessness. **A Master's Secret Whispers For Those Who Abhor the Noise and Seek the Truth About Life and Living** Createspace Independent Publishing Platform Herein lie a series of dialogues between a True Master and an Authentic Student. The Master has devoted his life to unraveling the secret cures to the ills that plague every human being. Put simply, the Master has discovered The Truth. The Truth about freedom from anxiety, curing emotional pain, achieving true success, attaining clarity, cultivating wisdom, mastering relationships, gaining complete control of one's mind, and so on. The Master speaks the raw truth. And the raw truth has no place for trite things such as prescriptions, how-to's, and cosmetic and ineffective remedies. This book is for those who are serious. **Saints and Psychopaths** Dana **Seeds for the Soul Living as the Source of who You are** Sentient Publications Of the thousands of books in the modern spiritual marketplace, few state their message both simply and profoundly. "Seeds for the Soul" is one. Combining the wisdom of eastern philosophy with the principles of western psychology, Chuck Hillig presents a readable and compelling worldview that speaks directly to the reader's mind, heart, and soul. He points the way to true happiness for those who have struggled to find peace of mind and suggests that surrendering our idea of control over life is the path to fulfilment. Like a good friend cutting through the confusion, Chuck Hillig takes you by the hand and leads you to where you can look reality squarely in the face. His words will quietly reverberate in the very depths of your consciousness, and whether they act as gentle reminders or loud alarm clocks, they will lovingly direct you to the only person who holds your truth: you. "Seeds for the Soul" is a unique and fascinating gift to the reader that invites you to revisit its enlightening pages again and again to discover its multi-layered treasures. **Jed Talks #1 Essays, Teachings, Rants & Frivolous Frivolity** Jed McKenna is the author of The Enlightenment Trilogy and The Dreamstate Trilogy. The Jed Talks series continues to provide the same combination of humor, charm, and unparalleled mastery that has made Jed McKenna the clearest and most unique voice in human spirituality. **The Complete Cord Course Working with Cords Through Energy Work and Shamanic Healing** CreateSpace Learn simple and clear ways to discover and work with energetic cords. Cords are our energetic attachments to people whom we have interacted with. We need cords to feel connected, form emotional bonds, and to develop empathy for our fellow human beings. But we are likely walking around with hundreds if not thousands of cords to the people that we have met throughout our lifetimes. Many of these cords from past relationships can simply be cleared. Others to current or more complex relationships may need more intermediate tools to be worked with. We can also work with cords that are a natural part of our energetic blueprint and that connect us to our greater spiritual nature. Learn how to discover and work with cords to past lives, ancestors, and your future. Gain deep spiritual insight from cords that connect us to our destiny, astral, etheric, and mental "bodies," and to the cosmos itself. Each section will teach you how to find cording mechanisms, what they are for, and how to utilize them to heal or to gain spiritual insight. **Jed Talks #1 2nd Edition** Wisefool Press 2nd Edition contains Starship Gita: Song of the Borg. Contents Toe Jam Satsang with Jed Insane Little Monkeys The Liberating Angel What Is Enlightenment? The Champions of Delusion Yolanda Periwinkle The Spiritual Anarchist The Second Coming Goldilocks Universe The Magic Part The Cross of the Moment The Caneless Cane **Atmamun The Path to Achieving the Bliss of the Himalayan Swamis. and the Freedom of a Living God.** Createspace Independent Publishing Platform Atmamun is the path to achieve the bliss of the Himalayan Swamis and the Freedom Of a living God. It is for True Seekers. It is for those who wish to move beyond the self-help and cosmetic slogans of meditation and mindfulness, toward the Ultimate Truths of Life and the Mind. **Marry Him The Case for Settling for Mr Good Enough** Text Publishing Wonder why you're still single? Had you imagined you'd be settled down with the perfect man and family by now? Afraid time is running out? You might want to listen to what Lori Gottlieb has to say. When Lori found herself forty and still single, she came to an uncomfortable realisation. If so many of her friends were very happily married to 'good enough' guys, the type of men who might not make you weak in the knees but made great partners and fathers, maybe she had been looking for the wrong man. Could her Mr Right have been, well, right in front of her all along? Funny, confronting and very very real, Marry Him is Lori Gottlieb's account of her search for a partner and the adjustments she had to make to her own expectations in order to find happiness. **Jed Talks #3 The Tao of the Large-Breasted Goddess with the Shapely Behind** I Am an Apple Tree Over the Moon Goddess I: The Tao That Can Be Told I Call It Consciousness Marichelle 7: A Pretty Big Problem Goddess II: Darkness within Darkness Spiritual DNA Adult Utopia Goddess III: Soft & Yielding Marichelle 8: Trouble Is Fine The Folly of Human Conceits The Tao of Self-Annihilation Goddess IV: Yield and Overcome Total Perspective Vortex Medifuckintation Goddess V: The Eternal Tao Marichelle 9: Broken Compass Belated Rebirth Matrices Goddess VI: The Mother of All Things The Tao of Pain The Mystery Prize **The Book of Life Daily Meditations with Krishnamurti** Penguin Books India Inspired By Krishnamurti S Belief That Truth Is Found Through Living, The Book Of Life Presents 365 Timeless Daily Meditations, Developed Thematically Over Seven Days, Illuminating The Concepts Of Freedom, Personal Transformation, Living Fully Awake And Much More. For Everyone Who Has Come To Cherish The Wisdom Of This Extraordinary Spiritual Sage As Well As Anyone Discovering Krishnamurti For The First Time The Book Of Life Is A Profound Collection Of Insights To Treasure Everyday. The Story Of Mankind Is In You, The Vast Experience, The Deep-Rooted Fears, Anxieties, Sorrow, Pleasure And All The Beliefs That Man Has Accommodated Throughout The Millennia. You Are That Book. J. Krishnamurti **The Finders** Most people live with an experience of the world that is rooted in fear, worry, and anxiety. This most commonly manifests is in a persistent feeling of discontentment. Something just doesn't feel quite right. Since 2006, our global scientific research project has been on the trail of the tiny fraction of the population that has escaped this fate. **Jed Talks #2: Away from the Things of Man** Lulu Press, Inc Includes Deception: Your Mind is the Scene of the Crime, a play in 5 acts. "Jed McKenna is an American original." Lama Surya Das "Absolutely marvelous, splendid, perfect book!" Shri Acharya "These books have profoundly changed my life." C. Jensen "These books are precious gifts to humanity." E. De Vries "Thank you for the books. I've been waiting all my life for them." C. Vankeith "I can think of no other author I'd recommend more highly." M.R. Fleming "Jed McKenna's books are so compelling I can hardly put them down!" Ray Napolitano, Inner Directions Foundation "Jed's books have turned my entire understanding of life, enlightenment, spirituality and everything upside down. I want more!" M. Bhagat "Jed McKenna's description of life after enlightenment is so good that 99.9% of his readers might not understand how truly profound it really is." Satyam Nadeen, From Onions To Pearls **Liberation Unleashed A Guide to Breaking Free from the Illusion of a**

Separate Self New Harbinger Publications Liberation Unleashed introduces you to the process of unraveling the false sense of a separate self at the center of your existence. With insightful metaphors, personal stories, and guided dialogues, this book points directly to our lack of separation and helps you move toward a new, more open reality of selfless bliss. Using the seven clear and focused steps presented, you'll find liberation in realizing there is no individuated "I" and marvel at the true nature of things. Author Ilona Ciunaite's search for the truth began when she first "experienced silence of the thinking mind, a sweet sense of being, contentment, peace," and "feeling at home." Driven by a desire to reach that state of oneness once more, her path led her through spiritual writings to the process of deconstruction and non-dual self-inquiry and finally to a peaceful emptiness of not knowing, but of simply being. It's from that place that Ciunaite cocreated the popular Liberation Unleashed forum—a global Internet-based community helping people see through the illusion of a separate self—and it's just that sense of unknowing peace she wishes to impart with this book. Liberation Unleashed is a lively, fresh, and moving account of the author's own searching, liberation, and transformation, woven together with the stories of fellow seekers and a clear exposition of the simple, focused tools you can use to go through the "gateless gate." With its conversational tone, provocative questions, and the presentation of the seven steps—"Clearing the path—meeting the fear," "Strip away ALL expectations," "Get in touch with the real," "'I' is a thought," "There is no separate self," "How does it feel to see this?" and "Falling"—this book serves as an introductory how-to guide, demonstrating how to use the process of self-inquiry to get free from the falseness of the separate self and realize a blissful oneness. So many of us go through life feeling isolated, searching for ourselves, or seeking a more authentic reality through religion, spirituality, or other, more unconventional means of expanding consciousness. Now, with this book and its guiding principles, you'll learn how to look deeply into the nature of self and existence; combat the anxieties, fears, mental blocks, and reservations that can arise in self-inquiry; and see the simple beauty of the everyday moment.

Haunted Universe The True Knowledge of Enlightenment "FIRST EDITION" This is the original release of "Haunted Universe." This edition is not published anymore and has been replaced by the "Newly Revised Edition."

The Spiritual Wisdom of Anthony de Mello Jazzybee Verlag Anthony de Mello was a Jesuit priest from India. He fuses spiritual ideas from many religions in a way that makes them accessible to readers. This book is in the form of a lecture at a retreat and it deals with the notion that we walk through life in a kind of sleep that prevents us from achieving a real connection to God and to ourselves. This book contains the following lectures: On Waking Up Will I Be Of Help To You? On The Proper Kind Of Selfishness On Wanting Happiness Are We Talking About Psychology In This Spirituality Course? Neither Is Renunciation The Solution Listen And Unlearn What's On Your Mind? Good Bad Or Lucky Our Illusion About Others Self-Observation Awareness Without Evaluating Everything The Illusion Of Rewards Finding Yourself Stripping Down To The 'I' Negative Feelings Toward Others On Dependence How Happiness Happens Fear The Root Of Violence Awareness And Contact With Reality Good Religion -The Antithesis Of Unawareness Labels Obstacles To Happiness Four Steps To Wisdom All's Right With The World Sleepwalking Change As Greed A Changed Person Arriving At Silence Losing The Rat Race Permanent Worth Desire, Not Preference Clinging To Illusion Hugging Memories Getting Concrete At A Loss For Words Cultural Conditioning Filtered Reality Detachment Addictive Love More Words Hidden Agendas Giving In Assorted Landmines The Death Of Me Insight And Understanding Not Pushing It Getting Real Assorted Images Saying Nothing About Love Losing Control Listening To Life The End Of Analysis Dead Ahead The Land Of Love

Non-Dual Perspectives on Quantum Physics For thousands of years, mystical and religious traditions such as Advaita Vedanta have taught the concept of a nondual reality. In nondualism there is no mental, no physical-no separation between creator and creation. There is only one universe comprising variations of the same substance. But what do these beliefs have to do with quantum mechanics and the experimentally verified theories on the cutting edge of modern scientific thought? As it turns out, more than we could ever imagine-enough to create a natural harmony, a unity between tradition, spirituality, and science as it has never been seen before. In Nondual Perspectives on Quantum Physics, physicist Tomaj Javdtash faithfully and objectively explains the concepts behind quantum mechanics in clear and accessible language the average layperson can understand. Then, through a discussion of nondual philosophy and two major nondualistic traditions, Javdtash reveals the stunning similarities between these views of reality-addressing concepts of consciousness, perception, and the universe.

Enlightenment Behind the Scenes CreateSpace Is it possible to map the directions to a Void? Is it conceivable that one can point to the abyss? Just maybe, it can be done, and here is how I propose to do it. It starts with the recounting of my personal quest for 'Spiritual Enlightenment,' which can also serve as a roadmap for any human being who takes the spiritual journey seriously. This story centers on the peak period of my spiritual journey just after returning home from a weeklong meditation retreat at the world renowned 'Monroe Institute.' I had been home less than a week after attending one of their advanced programs when, without warning, I began to have profound Visions while living out my day-to-day life. I could be taking a walk with my wife and daughter or going about my daily routine at work when I would find myself spontaneously thrust into a vastly more expansive perspective that placed my entire world in a wholly new context. These Visions were progressive in nature as they clearly and pointedly demonstrated to me the Grand Design of Reality. Some of these Visions were existentially devastating and some were downright terrifying, as they exposed the true nature of the 'self'. Others were so blissful that they could only be tolerated for brief moments. Ultimately, they coalesced to reveal a model of Reality that is as elegant in its simplicity as it is mind-numbing in its implications. In this book, I outline a play-by-play account of how four of these Visions shaped a new understanding regarding the true architecture of Reality and how this understanding resolves some of our greatest philosophical paradoxes, such as the relationship between mind and matter or God and the world. Given the universal nature of these experiences, there are opportunities throughout the book for you to verify each truth for yourself. I wrote this book to demystify the subject of Enlightenment. There are already many excellent books on the subject of Enlightenment otherwise known as 'Nondual Wisdom.' However, what is missing is a book that chronicles the day-to-day, month-to-month, and year-to-year unfolding of the Self in detail. This book is a very personal account of an incredibly impersonal process, broken down step by step and presented almost in slow motion. The reader is invited on a journey that chronicles each step along the path to Enlightenment. The details of the climactic experience itself and the final understanding that results from undergoing such a radical and permanent shift in perspective is where I intend to lead you. It is also my hope that this book will demonstrate how the experience of Enlightenment is not something mythical - a fable belonging to some other time or place - but an actual shift in perspective that is available right here and now to anyone who is curious enough to explore the true nature of 'being'. I speak to you from the point of view that we all share the human experience and when we explore the depths of our minds we find that the same treasure awaits us all. The fact that I am a husband and father with a full-time career stands as proof that you don't have to choose

between a worldly life and Enlightenment. Throughout the book, you are offered a number of opportunities to verify for yourself some of the subject matter as its being discussed. To be true to my story, I rely mostly on my personal journals, which are individually dated and appear in italics, while my current narration appear in normal type. And so it begins ... **Play A Play by Jed McKenna** It is what it is, they say, but is it? Jed McKenna has always been more about destroying questions than answering them, so it's no surprise that Play is more Q than A. In fact, it might be viewed as a progression through the stages of self-inquiry, each of the seven vignettes taking us a bit further along on the inward journey, the early vignettes asking the questions, and the latter ones looking at those who do ask; showing us, promising us, warning us, where honest and relentless inquiry really lead. But who, Jed has asked, really wants to go where this road really leads? On this journey, who you are changes with every step, and it's all about taking the next step. In the end, Play is what it is. Or is it? Maybe it's the journey of the examined life, or maybe it's just a playful little play. Ultimately, of course, Play, like life, like anything, is whatever it is to you. **The ABC of Enlightenment a spiritual dictionary** Osho Media International The inner world needs its own vocabulary, and Osho is a master of creating a language to describe experiences of the inner world that is simple, unpretentious and clear. 'The ABC of Enlightenment' is not just a dictionary but a book on life itself. It contains concise quotes by Osho on a large variety of topics. For those who are unfamiliar with him, this is an easy introduction to his way of life and also an entertaining reference book. From 'Absolute' to 'Zen' Osho is never at lack of profoundness and both traditional and contemporary issues are redefined and reinterpreted for a contemporary understanding. **There Is No You Seeing Through the Illusion of the Self** Nearly every religion, philosophy, and worldview has one belief in common - they all subscribe to the "I" myth, the idea that there is some "I" at the core of each person. This universal fallacy is the root of all human misery and suffering. It is the aim of this work to prove that no such being as an "I" or "you" exists. With any luck, it will be disastrous to your sense of self. **Ego Development Conceptions and Theories Resurrecting Jesus Embodying the Spirit of a Revolutionary Mystic** Sounds True For almost two millennia, the story of Jesus has shaped the lives of countless people. Yet today, even though the majority of us grew up in a culture suffused by the mythos of Jesus, many of us feel disconnected from the essence of his teachings. With Resurrecting Jesus, Adyashanti invites us to rediscover the life and words of Jesus as a direct path to the most radical of transformations: spiritual awakening. Jesus crossed all of the boundaries that separated the people of his time because he viewed the world from the perspective of what unites us, not what divides us. In Resurrecting Jesus, Adya embarks on a fascinating reconsideration of the man known as Jesus, examining his life from birth to Resurrection to reveal a timeless model of awakening and enlightened engagement with the world. Through close consideration of the archetypal figures and events of the Gospels, Adya issues a call to "live the Christ" in a way that is unique to each of us. "When the eternal and the human meet," writes Adya, "that's where love is born—not through escaping our humanity or trying to disappear into transcendence, but through finding that place where they come into union." Resurrecting Jesus is a book for realizing this union in your own life, with heart and mind wide open to the mystery inside us all. With an all-new foreword by Episcopalian priest and scholar Cynthia Bourgeault.